



Deciding Where to Go When You Need Care Right Away

The following chart shows you your options for urgent care. Each clinic or center may have different services available. So be sure to call and ask before you go.

If you're still not sure where to go for care, contact your doctor or call the 24-Hour Nurse Line at 800-424-8814.

	Retail medical clinic	Urgent care center	Emergency room
Cough, cold, mild flu, fever or sore throat	✓	✓	
Back pain, muscle strain or sprain		✓	
Ear or sinus pain, mild headache, or dizziness	✓	✓	
Stitches		✓	
X-rays or lab tests		✓	
Nausea, vomiting, diarrhea		✓	
Vaccinations	✓		
Minor allergic reaction	✓	✓	
Bumps, cuts, scrapes	✓	✓	
Mild rash or burn	✓	✓	
Burning with urination	✓	✓	
Eye swelling, pain, redness, or irritation	✓	✓	
Serious infection or high fever		✓	✓
Severe pain or headache		✓	✓
Uncontrolled bleeding			✓
Chest pain or difficult breathing			✓
Significant or prolonged dizziness			✓
Loss of consciousness			✓